

TESS KLARISTENFELD, M.D., M.P.H.

Dual Board-Certified Physician with Expertise in Integrative Medicine,
Emergency Medicine, and Telehealth

SUMMARY

Highly experienced and compassionate physician board-certified in Integrative and Emergency Medicine. Proven ability to provide comprehensive care to diverse patient populations, from acute emergencies to complex chronic conditions. Passionate about utilizing lifestyle medicine, mind-body approaches, and innovative technologies to optimize patient health and well-being.

PROFESSIONAL EXPERIENCE

Integrative Medicine Physician, 2023-Present

- Providing holistic, patient-centered care addressing the root causes of chronic illness.
- Utilizing Lifestyle, Mind-Body, and Natural Medicine modalities to improve quality of life for patients.

Telemedicine Physician, 2019-Present

- Providing comprehensive medical care via telemedicine platforms for various startups and healthcare organizations.
- Triageing medical emergencies and treat acute minor illnesses in patients' homes.
- Played a crucial role in backing up Emergency Medical Systems in multiple states during the peak of the COVID-19 pandemic, ensuring access to care during a critical period.

Urgent Care & Emergency Medicine Physician, 2010-2022

- Managed every aspect of medical emergencies including traumatic injuries and critical illness in adults adults children.
- Responded to emergencies throughout the hospital, day or night. Worked closely with Emergency Medical Services providing advice via radio calls, bedside management, and instruction.
- Provided frontline COVID-19 care from the onset of the pandemic.

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BOARD CERTIFICATIONS

- American Board of Integrative Medicine 2024, active
- American Board of Emergency Medicine 2011, active
- American Board of Lifestyle Medicine board eligible

LICENSURE

- DEA FK193808 (CA), NPI 1881878023
- California Physician and Surgeon License A101806
- Florida Telemedicine License TPME4478
- Texas License U1061
- New York License 319823
- Oregon License MD213572
- Washington License MD.MD.61392193

POSTDOCTORAL TRAINING

- Fellow, Andrew Weil Center for Integrative Medicine, University of Arizona 2022–2024
- Resident, UCLA–Olive View/UCLA Residency in Emergency Medicine, Los Angeles, CA, 2007–2010
- Intern, Arrowhead Regional Medical Center Transitional Internship Program, Colton, CA, 2006–2007

EDUCATION

- M.D., Brown University School of Medicine, Providence, RI, 2005
- M.P.H., Boston University School of Public Health, Health Services, Boston, MA, 2003
- Sackler School of Medicine, American Program, Tel Aviv University, Tel Aviv, Israel, 1999–2001
- B.A., University of California, Berkeley, Integrative Biology, 1998

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